



FOR IMMEDIATE RELEASE

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Join us for a Free Lecture on Edible & Medicinal Plants!

Brevard, NC, 7/10/2026— Have you ever wondered which plants growing along our local trails can be safely eaten? Have you ever thought about which native plants have medicinal properties? FIND Outdoors and Food For Adventures invite you to an engaging evening exploring the edible and medicinal plants that thrive throughout the Southern Appalachian Mountains.

This free installment of the Stewards & Storytellers Learning Series will be held on July 23rd, 2026, and will introduce participants to the fascinating world of wild foraging. The event opens at 5:30 PM, and the lecture will begin promptly at 6:00 PM.

Expect in-depth discussions about the various uses of native plants, both edible and medicinal. Enjoy a showcase of backcountry recipes and foraging techniques, and learn how to forage responsibly and protect our environment.

The lecture will be presented by Lee “Natty” Trebotich, the owner, lead forager, and head “Wild” Chef at Food For Adventures. With more than 20 years of experience in the outdoors and cooking, Trebotich’s background encompasses biology, park ranger duties, outdoor education, and adventure cuisine.

Whether you're an experienced hiker, an aspiring forager, or simply curious about the natural world, this lecture offers an excellent opportunity to connect with local experts and discover the incredible resources growing all around us.

Tickets are free thanks to support from Self Help Credit Union, but RSVP’s are made at www.gofindoutdoors.org and are encouraged. The event is open to the public and includes two complimentary alcoholic beverages and light snacks. Drinks and Snacks are made available through generous support from Oskar Blues and Food Matters Market.

The FIND Outdoors NEST is located at 49 Pisgah Hwy, Suite 3, Pisgah Forest, NC. FIND Outdoors proudly provides the NEST to aligned partners and organizations to interface with the community and provide means for collaboration. To request the space, please fill out the form on the FIND Outdoors website.

The Stewards & Storytellers Learning Series brings together community members, outdoor professionals, educators, and conservationists to share knowledge and inspire stewardship of our public lands through engaging presentations on a variety of outdoor topics. Keep an eye out for upcoming events in the series held all summer long!

About FIND Outdoors:

FIND Outdoors is a 501(c)(3) outdoor recreation nonprofit that centers forest education and stewardship. Based in Pisgah Forest, FIND Outdoors has been stewarding public lands for over 50 years, with a vision to create a lasting community of appreciation for the outdoors. Learn more about FIND and ways you can be involved at www.gofindoutdoors.org/about.



Stewards & Storytellers
Presented by Self Help Credit Union

JULY 23, 2026

Edible & Medicinal Plants of The Smoky Mountains

Join us as we explore the edible and medicinal plants that grow right beneath your feet in the Smoky Mountains. Learn about the various uses of these plants, both edible and medicinal.

Lee "Natty" Trebotich
Featured Speaker

FREE EVENT!

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Stewards & Storytellers Learning Series
Presented by Self Help Credit Union

- JUNE 11** Bioluminescence in Western North Carolina
with Jennifer Frick-Ruppert
- JULY 9** Native Plants for Landscapes & Home Gardens
with Tony Ward
- JULY 23** Edible & Medicinal Plants of the Smokies
with Lee "Natty" Trebotich
- AUG 20** Wildlife Photography Basics
with Steve Matadobra
- SEPT 10** History of the French Broad River
with David & Debi Whitmire
- SEPT 24** Natural Resource Management
with Robert Beanblossom

49 Pisgah Hwy, Suite 3, Pisgah Forest, NC 28768
All events start at 6:00 PM

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